



**Dr. Brené Brown**  
researcher writer speaker



Thursday, March 27

5:30 p.m. Potluck Dinner

6 — 8:30 p.m. Workshop

St. Andrew's Episcopal Church  
1601 S. Georgia, Amarillo, TX



## I Thought It Was Just Me (but it isn't): Telling the Truth About Perfectionism, Inadequacy, and Power

Author Brené Brown, Ph.D. L.M.S.W. will teach us how to reclaim our power and courage in a culture of shame.

This workshop is free and open to the public. Call 376-6316 for more information.